

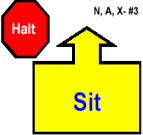
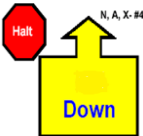
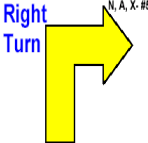



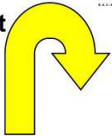




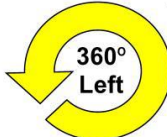

# NZKC RALLY-O SIGNS

*NB: The symbol (ST) indicates that the exercise is a “stationary exercise”. A minimum and maximum number of stationary exercises are required to be placed in a course, the number depending on whether the course is for Novice, Advanced or Excellent level. Please see the regulations for further information.*

<p><b>1. Start</b></p> <p>All courses begin with Start. The team sets up in front of and to the left of this sign, with the dog sitting in heel position on the handler’s left. On the judge’s signal the team begins the course, passing to the left of the Start sign. On passing this sign, both timing and judging commence.</p>	
<p><b>2. Finish</b></p> <p>All courses end with Finish The team passes to the left of this sign. On passing this sign, both judging and timing stop.</p>	

## Novice Exercises

<p><b>3. Halt - Sit (ST)</b></p> <p>While heeling, the handler halts and the dog sits in the heel position. Once halted, the handler may not move their feet until moving off to the next station. The team then moves toward the next exercise sign with the dog in heel position.</p>	
<p><b>4. Halt - Down (ST)</b></p> <p>While heeling, the handler halts and the dog sits in the heel position. Once halted, the handler then commands the dog to down, followed by the command to heel forward from the down position. The dog must not move out of the down until commanded to heel.</p>	
<p><b>5. Right Turn</b></p> <p>Performed as a 90° turn to the right.</p>	
<p><b>6. Left Turn</b></p> <p>Performed as a 90° turn to the left.</p>	

<p><b>7. About Turn Right</b></p> <p>Performed as a 180° turn to the right.</p>	<p>About Turn Right </p>
<p><b>8. About U Turn</b></p> <p>Performed as a 180° turn to the left.</p>	<p>About U Turn </p>
<p><b>9. 270° Right Turn</b></p> <p>Performed as a 270° turn to the right.</p>	<p>270° Right </p>
<p><b>10. 270° Left Turn</b></p> <p>Performed as a 270° turn to the left.</p>	<p>270° Left </p>
<p><b>11. 360° Right Turn</b></p> <p>Performed as a 360° circle to the right.</p>	<p>360° Right </p>
<p><b>12. 360° Left Turn</b></p> <p>Performed as a 360° circle to the left.</p>	<p>360° Left </p>
<p><b>13. Call Front - Finish Right - Forward (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. Once the handler stops they may not move their feet until moving off to the next station. The handler then moves forward while commanding the dog to move from the front present position to the handler's right, around behind the handler and into the heel position (an Obedience style "finish"). while the handler continues forward. The dog does not sit before moving forward in heel position with the handler. A slight lag is permitted as the dog catches up with the handler.</p>	<p>Call Front Finish Right Forward </p>

**14. Call Front - Finish Left - Forward (ST)**

While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. Once the handler stops they may not move their feet until moving off to the next station. The handler then moves forward while commanding the dog to move from the front present position to the handler's left and into the heel position (a "continental finish") while the handler continues forward. The dog does not sit before moving forward in heel position with the handler. A slight lag is permitted as the dog catches up with the handler.



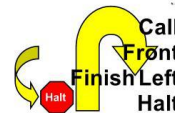
**15. Front - Finish Right - Halt (ST)**

While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. The handler then commands the dog to move from the front present position to the handler's right, around behind the handler and into the heel position (an Obedience style "finish"). The dog must sit in heel position before the team moves forward together. Once the handler stops they may not move their feet until moving off to the next station.



**16. Call Front - Finish Left - Halt (ST)**

While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. Once the handler stops they may not move their feet until moving off to the next station. The handler then commands the dog to move from the front present position to the handler's left and into the heel position (a "continental finish"). The dog must sit in heel position before the team move forward together



**17. Slow Pace**







The handler walks at a pace noticeably slower than their normal pace. This sign must always be followed by a Normal Pace sign unless it is the last sign on the course



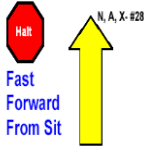









**18. Fast Pace**

The handler moves at a pace noticeably faster than their normal pace. This sign must always be followed by a Normal Pace sign unless it is the last sign on the course.

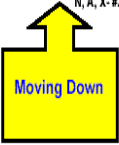





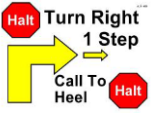

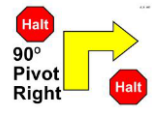
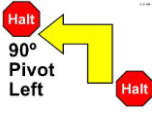
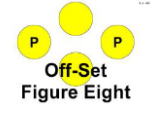

<p><b>19. Normal Pace</b></p> <p>The handler moves at a brisk, natural walking pace. Allowance is made for handlers with physical disabilities.</p>	
<p><b>20. Moving Side Step Right</b></p> <p>While heeling, the handler takes one step diagonally to the right and continues moving forward along the newly established line. The dog maintains heel position throughout.</p> <p>The exercise may be performed just past the exercise sign or directly in front of and stepping to the right of the sign.</p>	
<p><b>21. Spiral Right - Dog Outside</b></p> <p>This exercise requires three cones or posts placed in a straight line and approximately 2-3 meters apart. The team walks up the left side of the cones, bears right around the top cone and returns down the other side to the start.</p> <p>They continue to the right around the first cone and back up to the second cone, around the second cone and back to the start, then complete a full circle to the right around the first cone and exit the spiral at the appropriate point.</p> <p>The exercise sign is placed near or on the first cone or post where the spiral is to be started.</p>	
<p><b>22. Spiral Left - Dog Inside</b></p> <p>This exercise requires three cones or posts placed in a straight line and approximately 2-3 meters apart. The team walks up the right side of the cones, bears left around the top cone and returns down the other side to the start.</p> <p>They continue to the left around the first cone and back up to the second cone, around the second cone and back to the start, then complete a full circle to the left around the first cone and exit the spiral at the appropriate point.</p> <p>The exercise sign is placed near or on the first cone or post where the spiral is to be started.</p>	
<p><b>23. Straight Figure 8 - Weave Twice</b></p> <p>This exercise requires four cones or posts placed in a straight line and approximately 2-3 meters apart. The team enters between the first and second cones, with the first cone on their left. They then weave through the cones, around the cone at the top and weave back through the cones to the start.</p>	
<p><b>24. Serpentine - Weave Once</b></p> <p>This exercise requires four obstacles (cones, posts or people) placed in a straight line approximately 2-3 meters apart. The team enters between the first and second cones with the first cone on their left. They then weave up through the cones and exit after the last cone.</p>	

<p><b>25. Halt – 1, 2, 3 Steps Forward (ST)</b></p> <p>The team halts with the dog sitting in the heel position. The team then takes one step forward and halts, then two steps forward and halts, then three steps forward and halts. The dog must stay in heel position throughout and sit at every halt. At each halt, the handler may not move their feet until actually taking the next step forward.</p>	
<p><b>26. Call Front – 1, 2, 3 Steps Backward (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. With the dog in the front present position, the handler takes one step backward and halts, then two steps backward and halts, then three steps backward and halts. The dog moves with the handler throughout, remaining in front present position and sitting at every halt. At each halt, the handler may not move their feet until actually taking the next step backward. The handler then commands the dog to resume heel position (either to the left or right) as the team moves forward toward the next station.</p>	
<p><b>28. Halt – Fast Forward From Sit (ST)</b></p> <p>The team come to a halt and the dog sits. Once halted, the handler may not move their feet until actually moving off again. The handler then commands the dog to heel and immediately moves forward at fast pace (a pace noticeably faster than their normal walking pace). This sign must always be followed by a Normal Pace sign, unless it is the last exercise.</p>	
<p><b>29. Left About Turn</b></p> <p>While moving with the dog in heel position, the handler makes a 180° turn to the left. At the same time the dog continues on around the handler to the right and back into heel position. The team do not stop and the dog does not sit before moving forward in heel position with the handler. A slight lag on resuming heel position after the turn is permitted.</p>	
<p><b>30. Halt – Walk Around Dog (ST)</b></p> <p>With the dog sitting in heel position, the handler commands the dog to stay, then walks around the dog to the left, returning to heel position. The handler must pause in the heel position before moving forward to the next station.</p>	
<p><b>31. Halt – Down – Walk Around Dog (ST)</b></p> <p>With the dog sitting in heel position, the handler commands the dog to down and to stay, then walks around the dog to the left, returning to heel position. The handler must pause in the heel position before moving forward to the next station. The dog heels forward from the down position.</p>	



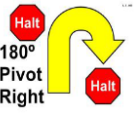
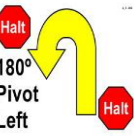



<p><b>32. Offset Figure 8 – No Distractions.</b></p> <p>Two cones/posts are set approximately three metres apart. The team enters the sequence with the cones/posts on either the left or right and completes a figure of eight around the cones. The points of entry and exit may be advised by the judge.</p>	 <p>Off-Set Figure Eight</p>
<p><b>33. Circle Right.</b></p> <p>Four markers are set out in an off-set square, a minimum of two meters apart. The team proceed in a right hand circle around the outside of the markers, returning to the start point. The team must walk in a circle, not a square. The team may then continue in their original direction, or this station may be used as a change of direction to the left.</p>	 <p>Circle Right</p>
<p><b>34. Circle Left</b></p> <p>Four markers are set out in an off-set square, a minimum of two metres apart. The team proceed in a left hand circle around the outside of the markers, returning to the start point. The team must walk in a circle, not a square. The team may then continue in their original direction, or this station may be used as a change of direction to the right.</p>	 <p>Circle Left</p>
<p><b>35. Call Front - Return to Heel. (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. The handler then walks around behind the dog, returns to the heel position and pauses. The dog must remain sitting while the handler walks around it. This is a 180° change of direction</p>	 <p>Call Front Return To Heel</p>

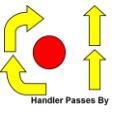



# Advanced Exercises

<p><b>131. Moving Down (ST)</b></p> <p>While walking with the dog in the heel position, the handler commands the dog to drop to a down position, as the handler comes to a stop next to the dog. Once halted, the handler may not move their feet until moving off to the next station. Once the dog is completely in the down position, the handler moves forward, commanding the dog to heel from the down position. The dog must go straight into a down and not sit first. The dog must drop as the handler is coming to a stop, not after the handler has already stopped.</p>	
<p><b>132. Halt – About Turn Right – Forward (ST)</b></p> <p>The team comes to a halt and the dog sits. Once halted, the handler may not move their feet until actually moving off again. The team then performs a 180° turn to the right and immediately moves forward.</p>	
<p><b>133. Halt – About U Turn – Forward (ST)</b></p> <p>The team comes to a halt and the dog sits. Once halted, the handler may not move their feet until actually moving off again. The team then performs a 180° turn to the left and immediately moves forward.</p>	
<p><b>134. Send Over Jump – Handler Passes By</b></p> <p>While moving forward with the dog in heel position, the handler directs the dog to take the jump as the handler continues forward. The handler must stay on the far side of the line indicated by the judge and not deviate towards or away from the dog or jump. The handler may walk or run past the jump at whatever pace they consider necessary. When the dog has completed the jump, it is called back into the heel position and the team continues forward to the next station.</p>	
<p><b>Jump Heights</b></p> <p>Unless otherwise requested by a handler. Jump height shall remain at 200 mm. or less in cases where a dog’s physical disability or age is a factor. If requested by a handler, jump height may be raised to 300 mm for a dog whose height at withers is between 380 mm and 460 mm, or 400 mm for a dog whose height at withers is greater than 460 mm.</p>	





<p><b>135. Halt – Turn Right One Step – Call To Heel - Halt (S7)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to wait or stay. The handler takes one step 90° to the right and halts. The handler must not pivot to the right prior to taking the step. The dog is then called to sit at the heel position before the team move forward together to the next exercise station. At each halt the handler may not move their feet other than to perform each stage of the exercise.</p>	
<p><b>136. Halt – Stand – Walk Around Dog (S7)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to stand and stay. The handler then walks around the dog to the left, returning to the heel position. The handler must pause in the heel position prior to moving on towards the next station. In Advanced only, the handler may touch their dog to achieve the stand position. Other than when physically placing the dog in a stand in Advanced, the handler may not move their feet other than to perform each stage of the exercise.</p>	
<p><b>137. Halt – 90° Pivot Right – Halt (S7)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the right and halts, with the dog sitting in heel position again. Unlike other turns, pivots must be performed on the spot, with no movement in any direction other than rotation. Apart from the movement required to perform the pivot, the handler may not move their feet. Once the dog has again assumed the sit at heel position, the team moves forward.</p>	
<p><b>138. Halt – 90° Pivot Left – Halt (S7)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the left and halts, with the dog sitting in heel position again. Unlike other turns, pivots must be performed on the spot, with no movement in any direction other than rotation. Apart from the movement required to perform the pivot, the handler may not move their feet. Once the dog has again assumed the sit at heel position, the team moves forward.</p>	
<p><b>139. Offset Figure 8</b></p> <p>Two cones or posts (P) are set approximately three meters apart. Two distraction articles (toys or covered containers of food) are placed between the cones so that a rough square is formed. The team enters between a cone and a distraction and completes a figure of eight around the cones before exiting between a cone and a distraction.</p> <p>The points of entry and exit may be advised by the judge.</p>	
<p><b>140. Halt – Side Step Right – Halt (S7)</b></p> <p>The team comes to a halt, the dog sitting at heel. The team then move together to perform one side step directly to the right and halt, the dog sitting once more at heel. The dog should maintain heel position throughout, ie moves sideways with the handler. Apart from movement required to perform the exercise, the handler may not move their feet. Performed directly in front of the sign – the team should end up to the right of the sign after completing the side step.</p>	











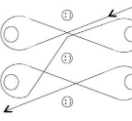
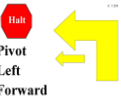


<p><b>141. Halt – Call Dog Front – Finish Right (ST)</b></p> <p>The dog and handler come to halt with the dog sitting in the heel position. The handler then calls the dog to the front present position (sitting straight in front of and facing the handler). The handler then commands the dog to move from the front present position to the handler’s right, around behind the handler and into the heel position (an Obedience style “finish”). The dog must sit in heel position before the team moves forward together. Once the handler stops for the first halt they may not move their feet at all until moving off to the next station.</p>	 <p>Call Dog Front Finish Right</p>
<p><b>142. Halt – Call Dog Front – Finish Left (ST)</b></p> <p>The dog and handler come to halt with the dog sitting in the heel position. The handler then calls the dog to the front present position (sitting straight in front of and facing the handler). The handler then commands the dog to move from the front present position to the handler’s left and into the heel position (a “continental finish”). The dog must sit in heel position before the team move forward together. Once the handler stops for the first halt they may not move their feet at all until moving off to the next station.</p>	 <p>Call Dog Front Finish Left</p>
<p><b>143. Halt – 180° Pivot Right – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots on the spot together 180° to the right and halts, with the dog sitting in heel position again. Unlike other turns, pivots must be performed on the spot, with no movement in any direction other than rotation. Apart from the movement required to perform the pivot, the handler may not move their feet. Once the dog has again assumed the sit at heel position, the team moves forward.</p>	 <p>Halt 180° Pivot Right</p>
<p><b>144. Halt – 180° Pivot Left – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots on the spot together 180° to the left and halts, with the dog sitting in heel position again. Unlike other turns, pivots must be performed on the spot, with no movement in any direction other than rotation. Apart from the movement required to perform the pivot, the handler may not move their feet. Once the dog has again assumed the sit at heel position, the team moves forward.</p>	 <p>Halt 180° Pivot Left</p>
<p><b>145. Halt – Down – Sit (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to down, then to sit. After the initial halt, the handler may not move their feet until moving off towards the next station.</p>	 <p>Halt Down Sit</p>
<p><b>146. Halt - Stand (ST)</b></p> <p>While heeling, the handler halts and the dog sits in the heel position. Once halted, the handler may not move their feet until moving off to the next station. The handler then commands the dog to stand, followed by the command to heel forward from the stand position. The dog must not move out of the stand until commanded to heel. In Advanced only, the handler may touch the dog to achieve the stand position.</p>	 <p>Halt Stand</p>
<p><b>147. Halt - Pivot Right – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the right and, without hesitation, moves forward in the new direction.</p>	 <p>Halt Pivot Right Forward</p>

<p><b>148. Forward Around Pole</b></p> <p>While heeling forward, handler sends dog around the pole.          Dog goes forward around the pole and returns to heel.          Handler must not stop or hesitate.          Handler must be at least 1 meter from the pole as indicated by markers placed by the judge.</p>	<p>Forward around Pole</p> 
<p><b>149. Right Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does a right turn. Dog is to around the pole and return to the heel position.          Handler must not stop or hesitate.          Handler must be at least 1 meter from the pole at the turn point as indicated by markers placed by the judge.</p>	<p>Right Turn Round Pole</p> 
<p><b>150. Left Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does a left turn. Dog is to around the pole and return to the heel position.          Handler must not stop or hesitate.          Handler must be at least 1 meter from the pole at the turn point as indicated by markers placed by the judge.</p>	<p>Left Turn Round Pole</p> 
<p><b>151. About Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does an about turn. Dog is to around the pole and return to the heel position.          Handler may hesitate until the dog is going around the pole dog then returns to heel before the next sign.          Handler must be at least 1 meter from the pole at the turn point as indicated by markers placed by the judge.</p>	<p>About Turn Round Pole</p> 

## Excellent Exercises

<p><b>246. Halt – Stand – Down (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to stand, then to down. The handler then commands the dog to heel forward from the down position. After the initial halt, the handler may not move their feet until moving off towards the next station. The handler may not touch the dog to achieve the stand position.</p>	
<p><b>247. Halt – Stand – Sit (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to stand, then to sit. The handler then commands the dog to heel forward from the sit position. After the initial halt, the handler may not move their feet until moving off towards the next station. The handler may not touch the dog to achieve the stand position.</p>	
<p><b>248. Moving Stand – Walk Around Dog (ST)</b></p> <p>While heeling, and without pausing or hesitating, the handler commands the dog to stand and continues to walk around the dog to the left, returning to the heel position. Handler then pauses before proceeding forward, with dog at heel, to the next exercise station. The handler may not touch the dog to achieve the stand position.</p>	
<p><b>249. Back Up Three Steps – Dog Stays In Position</b></p> <p>While heeling, and without stopping, the handler reverses direction and walks backwards three steps. The dog must move backwards with the handler, maintaining its position. The team then, again without stopping, moves forward once more towards the next station.</p>	
<p><b>250.</b></p>	

<p><b>251. Moving Down, Walk Around Dog</b></p> <p>While heeling, and without pausing or hesitating, the handler commands the dog to down and continues to walk around the dog to the left, returning to the heel position. The handler then pauses. On proceeding forward, the handler commands the dog to heel from the down position.</p>	
<p><b>252. Down While Heeling</b></p> <p>While heeling, without pause or hesitation, the handler commands the dog to down as the handler continues forward.</p> <p>At the Recall marker, the handler will turn and face the dog and then call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position.</p>	
<p><b>253. Stand While Heeling</b></p> <p>While moving forward, without pause or hesitation, the handler will command the dog to stand as the handler continues forward.</p> <p>At the Recall marker, the handler will turn and face the dog and then call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position.</p>	
<p><b>254. Stand, Leave Dog, Sit Dog, Call Front, Finish</b></p> <p>The handler will stop and command the dog to stand. The dog must stop and stand in heel position without sitting first. Leaving the dog in the stand, the handler walks forward to the Recall marker. The handler will turn and face the dog and then command the dog to sit. Once the dog is in the sit position, the handler will call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position.</p>	
<p><b>255. Stand, Leave Dog, Down Dog, Call Front, Finish</b></p> <p>The handler will stop and command the dog to stand. The dog must stop and stand in heel position without sitting first. Leaving the dog in the stand, the handler walks forward to the Recall marker. The handler will turn and face the dog and then command the dog to down. Once the dog is in the down position, the handler will call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position.</p>	
<p><b>Recall</b></p> <p><b>The “Recall” sign is not numbered on the course and is to be used in</b> conjunction with exercises 252,253,254 and 255. It is placed on the course as a marker and designates the place at which the handler is to recall the dog. It must be placed no more than four meters away from its associated sign. It may be placed in any direction from its associated sign, either straight ahead, or to facilitate a change of direction.</p>	

<p><b>256. Double Left About Turn</b></p> <p>While moving with the dog in heel position, the handler makes a 180° turn to the left. At the same time the dog continues on around the handler to the right and back into heel position. The team does not stop and the dog does not sit before moving forward in heel position with the handler. The handler must take one or two steps forward and then perform the exercise a second time. A slight lag upon catching up and resuming heel position after each turn is permitted.</p>	
<p><b>257. Double Off-Set Figure Eight</b></p> <p>Four cones or posts are set in a square approximately three meters apart. A distraction article is placed on either side of the square and one is placed in the center of the square (three altogether). The team enters between a cone and a distraction and completes a figure of eight around the first two cones. They then complete a figure of eight in the same direction around the second two cones.</p> <p>The points of entry and exit may be advised by the judge.</p>	 
<p><b>258. Halt - Pivot Left – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the left and, without hesitation, moves forward in the new direction.</p>	
<p><b>259. Weave With Distractions.</b></p> <p>This exercise requires four “distractions” placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team’s left side. Note that in this exercise, the team does not weave back through the obstacles. Distractions must be no bigger than 15 cm square and may include toys, balls or food in a sealed container.</p>	
<p><b>260. Stand – Leave dog – call dog</b></p> <p>Handler halts with dog in stand. Handler takes two steps forward then pauses and calls the dog. Handler moves forward and dog returns to heel.</p> <p>Handler must not wait for dog. Dog should be back at heel before the next station at least 6 meters away.</p>	
<p><b>261. Weave Twice With Distractions.</b></p> <p>This exercise requires four “distractions” placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team’s left side. Note that in this exercise, the team does weave back through the obstacles. Distractions must be no bigger than 15 cm square and may include toys, balls or food in a sealed container.</p>	