







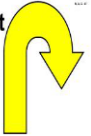






# Dogs NZ RALLY-O SIGNS








*NB: The symbol (ST) indicates that the exercise is a "stationary exercise". A minimum and maximum number of stationary exercises are required to be placed in a course, the number depending on whether the course is for Novice, Advanced or Excellent level. Please see the regulations for further information.*







<p><b>1. Start</b></p> <p>All courses begin with Start. The team sets up in front of and to the left of this sign, with the dog sitting in heel position on the handler's left. On the judge's signal the team begins the course, passing to the left of the Start sign. On passing this sign, both timing and judging commence.</p>	
<p><b>2. Finish</b></p> <p>All courses end with Finish. The team passes to the left of this sign. On passing this sign, both judging and timing stops.</p>	





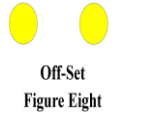



## Novice Exercises

<p><b>3. Halt - Sit (ST)</b></p> <p>While heeling, the handler halts and the dog sits in the heel position. The team then moves toward the next exercise sign with the dog in heel position.</p>	
<p><b>4. Halt - Down (ST)</b></p> <p>While heeling, the handler halts and the dog comes to a sit in the heel position. The handler then commands the dog to down, followed by the command to heel forward from the down position</p>	






<p><b>5. Right Turn</b></p> <p>Performed as a 90° turn to the right.</p>	<p>Right Turn </p>
<p><b>6. Left Turn</b></p> <p>Performed as a 90° turn to the left.</p>	<p>Left Turn </p>
<p><b>7. About Turn Right</b></p> <p>While heeling, the dog makes a 180° turn to the handler's right.</p>	<p>About Turn Right </p>
<p><b>8. About U Turn</b></p> <p>While heeling, the dog makes a 180° turn to the handler's left.</p>	<p>About U Turn </p>
<p><b>9. 270° Right Turn</b></p> <p>While heeling, the team makes a 270° turn to the handler's right performed as a tight circle, but not around the exercise sign.</p>	<p>270° Right </p>
<p><b>10. 270° Left Turn</b></p> <p>While heeling, the team makes a 270° turn in a tight circle to the handler's left. Turns are performed as a tight circle, but not around the exercise sign.</p>	<p>270° Left </p>
<p><b>11. 360° Right Turn</b></p> <p>While heeling, the team makes a 360° turn in a tight circle to the handler's right. Turns are performed in a tight circle, but not around the exercise sign.</p>	<p>360° Right </p>
<p><b>12. 360° Left Turn</b></p> <p>While heeling, the team makes a 360° turn in a tight circle to the handler's left. Turns are performed in a tight circle, but not around the exercise sign.</p>	<p>360° Left </p>
<p><b>13. Call Front - Finish Right - Forward (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position. <i>In Novice Only</i>, the handler may take several steps backward as the dog turns and moves to sit in the front present position. The handler then commands the dog to change from the front present position to the handler's right, around behind the handler and into the heel position. The handler moves forward while the dog is moving to heel position. The dog does not sit before moving forward in heel position with the handler.</p>	<p>Call Front Finish Right Forward </p>


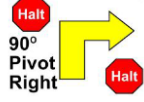
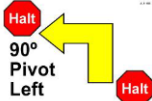
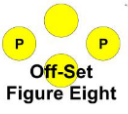



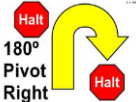
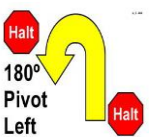
<p><b>14. Call Front - Finish Left - Forward (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position. <i>In Novice Only</i>, the handler may take several steps backward as the dog turns and moves to sit in the front present position. The handler then commands the dog to change from the front position to the handlers left and into the heel position. The handler moves forward while the dog is moving to heel position. The dog does not sit before moving forward in heel position with the handler.</p>	
<p><b>15. Front - Finish Right - Halt (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position. <i>In Novice only</i>, the handler may take several steps backward as the dog turns and moves to sit in the front present position. Dog must then return to heel position by moving around the right side of the handler. Dog must sit in heel position before moving forward with the handler.</p>	
<p><b>16. Call Front - Finish Left - Halt (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position. <i>In Novice only</i>, the handler may take several steps backward as the dog turns and moves to sit in the front present position. Dog must then return to the heel position by moving to the handler's left. Dog must sit in heel position before moving forward in heel position with the handler.</p>	
<p><b>17. Slow Pace</b></p> <p>Handler walks at a pace noticeably slower than their normal pace. This must be followed immediately by a Normal Pace station unless it is the last exercise.</p>	
<p><b>18. Fast Pace</b></p> <p>Handler moves at a pace noticeably faster than their normal pace. This must be followed immediately by a Normal Pace station unless it is the last exercise.</p>	
<p><b>19. Normal Pace</b></p> <p>Dog and handler walking briskly and naturally.</p>	
<p><b>20. Moving Side Step Right</b></p> <p>While heeling, the handler takes one step diagonally to the right and continues moving forward along the newly established line. The dog maintains heel position. The exercise may be performed just past the exercise sign or directly in front of and stepping to the right of the sign.</p>	



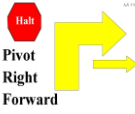
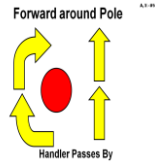



<p><b>21. Spiral Right - Dog Outside</b></p> <p>This exercise requires three cones or posts placed in a straight line with spaces between them of approximately 2-3 metres apart. Spiral Right indicates the handler must turn to the right when moving around each cone or post, placing the dog on the outside of the turns. The exercise sign is placed near or on the first cone or post where the spiral is started.</p>	
<p><b>22. Spiral Left - Dog Inside</b></p> <p>This exercise requires three cones or posts placed in a straight line with spaces between them of approximately 2-3 meters apart. Spiral Left indicates the handler must turn to the left when moving around each cone or post, placing the dog on the inside of the turns. The exercise sign is placed near or on the first cone or post where the spiral is started</p>	
<p><b>23. Weave Twice</b></p> <p>This exercise requires four obstacles (cones or posts) placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team's left side.</p>	
<p><b>24. Weave Once</b></p> <p>This exercise requires four obstacles (cones or posts) placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team's left side. Note that in this exercise, the team does not weave back through the obstacles.</p>	
<p><b>25. Halt – 1, 2, 3 Steps Forward (ST)</b></p> <p>The team halts with the dog sitting in the heel position. Handler then takes one step forward whilst the dog maintains the heel position, and halts. This is followed by two steps forward and halt, then three steps forward and halt, with the dog heeling each time the handler moves forward, and sitting each time the handler halts.</p>	
<p><b>26. Call Front – 1, 2, 3 Steps Backward (ST)</b></p> <p>While heeling, the handler stops forward motion and calls the dog to the front present position. <b>In Novice only</b>, the handler may take several steps backward as the dog turns and moves to sit in the front present position. With the dog in the front present position, the handler takes one step backward and halts. This is followed by the handler taking two steps backward and a halt, then three steps backward and a halt. Each time the dog moves with the handler to the front present position and sits as the handler halts. Handler then commands the dog to resume heel position as the team moves forward toward the next station.</p>	

<p><b>28. Halt – Fast Forward From Sit (ST)</b>  With the dog sitting in heel position, the handler commands the dog to heel and immediately moves forward at fast pace. This must be followed immediately by a Normal Pace station unless it is the last exercise.</p>	
<p><b>29. Left About Turn</b>  While moving with the dog in heel position, the handler makes an about turn to the left while at the same time the dog moves around the handler to the right, to the heel position. The dog does not sit before moving forward in heel position with the handler.</p>	
<p><b>30. Halt – Walk Around Dog (ST)</b>  With the dog sitting in heel position, the handler commands the dog to stay, then walks around the dog to the left, returning to heel position. The handler must pause in the heel position before moving forward to the next station.</p>	
<p><b>31. Halt – Down – Walk Around Dog (ST)</b>  With the dog sitting in the heel position, the handler commands the dog to down and to stay. Handler then proceeds to walk around the dog to the left, returning to heel position. The handler must pause in the heel position before moving forward to the next station. The dog heels forward from the down position.</p>	
<p><b>32. Offset Figure 8 – No Distractions.</b>  Two cones/posts are set approximately three meters apart. The team enters the sequence with the cones/posts on either the left or right and completes a figure of eight around the cones. The points of entry and exit may be advised by the judge.</p>	
<p><b>33. Circle Right.</b>  Four markers are set out in an off-set square, a minimum of two meters apart. The team proceed in a right hand circle around the outside of the markers, returning to the start point. The team must walk in a circle, not a square. The team may then continue in their original direction, or this station may be used as a change of direction.</p>	
<p><b>34. Circle Left</b>  Four markers are set out in an off-set square, a minimum of two metres apart. The team proceed in a left hand circle around the outside of the markers, returning to the start point. The team must walk in a circle, not a square. The team may then continue in their original direction, or this station may be used as a change of direction.</p>	
<p><b>35. Call Front - Return to Heel. (ST)</b>  While heeling, the handler stops forward motion and calls the dog to the front present position (sitting straight in front of and facing the handler). In Novice only, the handler may take several steps backward as the dog turns and moves to sit in the front present position. The handler then walks around behind the dog, returns to the heel position and pauses. The dog must remain sitting while the handler walks around it. This is a 180° change of direction</p>	

# Advanced Exercises







<p><b>131. Moving Down (ST)</b></p> <p>While moving with the dog in the heel position, the handler commands the dog to drop to a down position, as the handler pauses next to the dog. Once the dog is completely in the down position, the handler moves forward, commanding the dog to heel from the down position.</p>	
<p><b>132. Halt – About Turn Right – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team turns 180° to the right and immediately moves forward.</p>	
<p><b>133. Halt – About U Turn – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team turns 180° to the left and immediately moves forward.</p>	
<p><b>134. Send Over Jump – Handler Passes By</b></p> <p>While moving forward with the dog in heel position, the handler directs the dog to take the jump as the handler continues forward. The handler must stay on the far side of the line indicated by the judge, which shall be one metre to the right of the jump. The handler may walk or run past the jump at whatever pace they consider necessary. When the dog has completed the jump, it is called into the heel position and the team continues forward to the next exercise station.</p>	
<p><b>Jump Heights</b></p> <p>Unless otherwise requested by a handler. Jump height shall remain at 200 mm. or less in cases where a dog’s physical disability or age is a factor. If requested by a handler, jump height may be raised to 300 mm for a dog whose height at withers is between 380 mm and 460 mm, or 400 mm for a dog whose height at withers is greater than 460 mm.</p>	
<p><b>135. Halt – Turn Right One Step – Call To Heel - Halt (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to wait or stay. The handler then turns to the right, takes one step in the new direction, and halts. The handler must not pivot to the right prior to taking the step. The dog is then called to sit at the heel position before moving forward to the next exercise station.</p>	




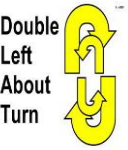
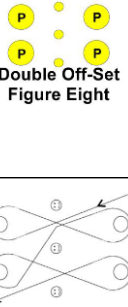

<p><b>136. Halt – Stand – Walk Around Dog (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to stand and stay whilst the handler walks around the dog to the left, returning to the heel position. The handler must then pause in the heel position prior to moving towards the next exercise station. <i>In Advanced only</i>, the handler may touch their dog, move in front of the dog or pose the dog to achieve the stand position.</p>	
<p><b>137. Halt – 90° Pivot Right – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots 90° to the right and halts. Once the dog has again assumed the sit heel position, the team moves forward.</p>	
<p><b>138. Halt – 90° Pivot Left – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots 90° to the left and halts. Once the dog has again assumed the sit heel position, the team moves forward.</p>	
<p><b>139. Offset Figure 8</b></p> <p>Team enters between a cone, post or person and a distraction in order to complete a figure eight around the cone, post or persons and distractions.</p>	
<p><b>140. Halt – Side Step Right – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the team moves one step directly to the right and halts.</p>	
<p><b>141. Halt – Call Dog Front – Finish Right (ST)</b></p> <p>With the dog sitting in the heel position, the handler calls the dog to the front; dog sits in front of, facing the handler. On command the dog then moves from the front position around the right of the handler and sits in the heel position. Handler may not adjust their position to aid the dog during exercise.</p>	
<p><b>142. Halt – Call Dog Front – Finish Left (ST)</b></p> <p>With the dog sitting in the heel position, the handler calls the dog to the front; dog sits in front of, facing the handler. On command, the dog then moves from the front position to the handlers left and sits in the heel position. Handler may not adjust their position to aid dog during the exercise.</p>	
<p><b>143. Halt – 180° Pivot Right – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the handler pivots 180° to the right. The dog moves with the handler and finishes in the sitting heel position.</p>	
<p><b>144. Halt – 180° Pivot Left – Halt (ST)</b></p> <p>With the dog sitting in the heel position, the handler pivots 180° to the left. The dog moves with the handler and finishes in the sitting heel position.</p>	

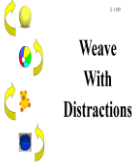
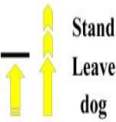




<p><b>145. Halt – Down – Sit (ST)</b></p> <p>With the dog sitting in the heel position, the handler commands the dog to down, then to sit.</p>	
<p><b>146. Halt - Stand (ST)</b></p> <p>While heeling, the handler halts and the dog sits in the heel position. The handler then commands the dog to stand, followed by the command to heel forward from the stand position. The dog must not move out of the stand until commanded to heel. In Advanced only, the handler may touch their dog, move in front of the dog or pose the dog to achieve the stand position. In Excellent only, once halted the handler may not move their feet until moving off to the next station.</p>	
<p><b>147. Halt - Pivot Right – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the right and, without hesitation, moves forward in the new direction.</p>	
<p><b>148. Forward Around Pole</b></p> <p>While heeling forward, handler sends dog around the pole. Dog goes forward around the pole and returns to heel. Handler must not stop or hesitate. Handler must be at least 1 meter from the pole as indicated by markers placed by the judge.</p>	
<p><b>149. Right Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does a right turn. Dog is to go around the pole and return to the heel position. Handler must not stop or hesitate. Handler must stay on the far side of the line indicated by the judge, which shall be one metre to the right of the pole.</p>	
<p><b>150. Left Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does a left turn. Dog is to go around the pole and return to the heel position. Handler must not stop or hesitate. Handler must stay on the far side of the line indicated by the judge, which shall be one metre to the right of the pole.</p>	
<p><b>151. About Turn Around Pole</b></p> <p>Handler sends dog round pole while handler does an about turn. Dog is to go around the pole and return to the heel position. Handler may hesitate until the dog is going around the pole dog then returns to heel before the next sign. Handler must stay on the far side of the line indicated by the judge, which shall be one metre from the near side of the pole.</p>	



## Excellent Exercises

<p><b>246. Halt – Stand – Down (ST)</b></p> <p>With the dog sitting in the heel position, the handler will stand the dog, and then command the dog to down. The handler then commands the dog to heel forward from the down position.</p>	
<p><b>247. Halt – Stand – Sit (ST)</b></p> <p>With the dog sitting in the heel position, the handler will stand the dog, and then commands the dog to sit. The handler then commands the dog to heel forward from the sit position.</p>	
<p><b>248. Moving Stand – Walk Around Dog (ST)</b></p> <p>While heeling, and without hesitation, the handler commands the dog to stand whilst they walk around the dog to the left, returning to the heel position. Handler then pauses before proceeding forward, with dog at heel, to the next exercise station.</p>	
<p><b>249. Back Up Three Steps – Dog Stays In Position (ST)</b></p> <p>Whilst heeling, the handler reverses direction by walking backwards 3 steps without first halting. Dog must move backwards with the handler, maintaining its position. Team then continues to move forward to next exercise station.</p>	
<p><b>250.</b></p>	
<p><b>251. Moving Down, Walk Around Dog (ST)</b></p> <p>While heeling, and without pausing or hesitating, the handler commands the dog to down and continues to walk around the dog to the left, returning to the heel position. The handler then pauses. On proceeding forward, the handler commands the dog to heel from the down position.</p>	
<p><b>252. Down While Heeling (ST)</b></p> <p>While heeling, without pause or hesitation, the handler commands the dog to down as the handler continues forward. At the Recall marker, the handler will turn and face the dog and then call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position. This is a 180° change of direction.</p>	

<p><b>253. Stand While Heeling (ST)</b></p> <p>While moving forward, without pause or hesitation, the handler will command the dog to stand as the handler continues forward. At the Recall marker, the handler will turn and face the dog and then call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position. This is a 180° change of direction.</p>	
<p><b>254. Stand, Leave Dog, Sit Dog, Call Front, Finish (ST)</b></p> <p>The handler will stop and command the dog to stand. The dog must stop and stand in heel position without sitting first. Leaving the dog in the stand, the handler walks forward to the Recall marker. The handler will turn and face the dog and then command the dog to sit. Once the dog is in the sit position, the handler will call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position. This is a 180° change of direction.</p>	
<p><b>255. Stand, Leave Dog, Down Dog, Call Front, Finish (ST)</b></p> <p>The handler will stop and command the dog to stand. The dog must stop and stand in heel position without sitting first. Leaving the dog in the stand, the handler walks forward to the Recall marker. The handler will turn and face the dog and then command the dog to down. Once the dog is in the down position, the handler will call the dog into the present position (sitting in front of and facing the handler). The handler will then command the dog to finish either to the left or right and sit in heel position. This is a 180° change of direction.</p>	
<p><b>256. Double Left About Turn</b></p> <p>While moving with the dog in heel position, the handler makes a 180° turn to the left. At the same time the dog continues around the handler to the right and back into heel position. The team do not stop and the dog does not sit before moving forward I heel position with the handler. The handler must take on or two steps forward and then perform the exercise a second time. A slight lag on catching up and resuming heel position after each turn is permitted.</p>	
<p><b>257. Double Off-Set Figure Eight</b></p> <p>Four cones or posts are set in a square approximately three Metres apart. A distraction article is placed on either side of the square and one is placed in the centre of the square (three altogether). The team enters between a cone and a distraction and completes a figure of eight around the first two cones. They then complete a figure of eight in the same direction around the second two cones. The points of entry and exit may be advised by the judge.</p>	
<p><b>258. Halt - Pivot Left – Forward (ST)</b></p> <p>With the dog sitting in the heel position, the team pivots together on the spot 90° to the left and, without hesitation, moves forward in the new direction.</p>	

<p><b>259. Weave With Distractions.</b></p> <p>This exercise requires four “distractions” placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team’s left side. Note that in this exercise, the team does not weave back through the obstacles. Distractions must be no bigger than 15 cm square and may include toys, balls or food in a sealed container.</p>	 <p>The sign for 'Weave With Distractions' features a vertical line of four colorful circular icons (yellow, blue, red, green) on the left. To the right of the icons, the text 'Weave With Distractions' is written in a vertical stack.</p>
<p><b>260. Stand – Leave Dog – Call Dog (ST)</b></p> <p>Handler halts with dog in stand. Handler takes two steps forward then pauses and calls the dog. Handler moves forward and dog returns to heel. Handler must not wait for dog. Dog should be back at heel before the next station at least 6 meters away.</p>	 <p>The sign for 'Stand Leave dog' shows a vertical line of three yellow arrows pointing upwards. To the right of the arrows, the text 'Stand Leave dog' is written in a vertical stack.</p>
<p><b>261. Weave Twice With Distractions.</b></p> <p>This exercise requires four “distractions” placed in a straight line approximately 2-3 metres apart. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle on the team’s left side. Distractions must be no bigger than 15cm square and may include toys, balls or food in a sealed container.</p>	 <p>The sign for 'Weave Twice With Distractions' features a vertical line of four colorful circular icons (yellow, blue, red, green) on the left. To the right of the icons, the text 'Weave Twice With Distractions' is written in a vertical stack.</p>
<p><b>Recall (ST)</b></p> <p>The “Recall” sign is not numbered on the course and is to be used in conjunction with exercises 25.15.8, 25.15.9, 25.15.10 And 25.15.11. It is placed on the course as a marker and designates the place at which the handler is to recall the dog. It must be placed no more than four meters away from its associated sign. It may be placed in any direction from its associated sign, either straight ahead, or to facilitate a change of direction.</p>	 <p>The 'Recall' sign is a yellow rectangle with a black border. Inside the rectangle, the word 'Recall' is written in black text. Above the rectangle is a yellow arrow pointing upwards.</p>
<p><b>301. Lead (ST)</b></p> <p>Lead Station is a receptacle, table or chair where the handler is able to place their dog’s lead after having entered the ring this is the first station of the course.</p>	 <p>The 'Lead' sign is a yellow rectangle with a black border. Inside the rectangle, the word 'Lead' is written in black text.</p>
<p><b>302. Wait (ST)</b></p> <p>Handler must halt, then command the dog into the chosen position, which may be a stand or down. Handler then walks to collect the lead from the Lead Station. Upon returning to the heel position, one command is permissible while the lead is reattached to the dog’s collar. Handler then stands upright and waits for the judge to say, after a five second period, “excise finished”.</p> <p>This will always be the last exercise of any Rally-O Encore course.</p>	 <p>The 'Wait' sign is a yellow rectangle with a black border. Inside the rectangle, the word 'Wait' is written in black text.</p>